

National Finnish Trail Orienteering Championship and WRE event, Sastamala 8.-9. august 2020, Sastamala, Finland

Event instructions

Rules:

The rules of the Finnish Orienteering Federation and the International Orienteering Federation, as well as the instructions in this competition guide are followed in the competition.

Organisation:

Event director: Tatu Saari, Suunta-Sepot

Course setter: Pekka Seppä, Suunta-Sepot

Results manager: Jussi Seppä, Suunta-Sepot

IOF Event adviser: Petteri Hakala, Kalevan Rasti

JURY:

Chairman: Hannu Niemi
Ján Furucz, Roope Näsi

Arrival:

Competition center is located at Sastamala, by lake Houhajärvi, about 10 kilometers from Sastamala city center. Address to competition center: Kangastie 543, Sastamala. Guidance to competition center starts from the crossing of roads 252 Sastamala-Punkalaidun and 2521 Roismala-Sammaljoki. Distance to the start of guidance from road 12, Sastamala junction about 2 kilometers. Coordinates to competition center N=61.304425, E=23.014954.

Parking for model event is located by road 2521, about 350 meters from the beginning of guidance. Address for model events parkin place, Kangastie 35, Sastamala. Coordinates to model event parking, N=61.304425, E= 22.933309.

Note: Road 2521 to the competition site is in very poor condition and is in need of repair. Drive carefully!

Competition center:

Competition center at Levo hunting lodge. Info, toilet and small competition restaurant. Restaurant sells coffee, tea, refreshments, sandwiches and buns. The competition centre and hunting lodge are pretty spacious. COVID-19-guidelines and safety distances are easy to follow. For extra: three different swimming beaches.

Pin punches:

In Pre-o competition competitors use their own pin punches. In start there are some pin punches available for loan if you don't have your own. Loaned pin punches should be returned in finish.

Escorts:

You are allowed to compete with your own escort. Escort may help only with punching and moving on, not solving the tasks.

Number bibs:

In both competitions all competitors shall wear number bibs. Number bibs are available in competition centers info point. Number bibs shall be returned after sunday's competition. Same number bib for saturday and sunday.

Maps:

ISSprOM2019, scale 1:4000, contours 2,5 meters.
Mapped by Petteri Hakala 2019, adjustments 2020.
Minimum height for mapped rocks is 1 meter.

Special characters on the map ☉ 526.000 Frisbeegolf basket

Definition for zero controls:

Possible zero-controls in preo are controls, where the nearest flag is at least 4 meters from the right place or, where the nearest flag is totally on wrong object (distance can be smaller than 4 meters). The wrong object can be mapped or unmapped. In Tempo competitions the nearest flag is always at least 4 meters from the right place, when the answer is zero.

Timetable:

Model event on saturday 8.8.2020 from 9.00 to 12.30.

PreO on saturday 8.8.2020 starting 13.00

TempO qualification on sunday 9.8.2020 starting 10.00

TempO finals on sunday 9.8.2020 starting 14.00

Model event:

On Saturday 8.8.2020 from 9.00 to 12.30 there is a possibility to take part in model event at Roismala, Sastamala. Address for parking: Kangastie 35, Sastamala. At parking there will be official handing out maps for model event course. Also maps with right answers available. Distance from parking to model event's start is 350 meters. Model event course length 850 meters, 8 controls, total time 51 minutes, para-class 57 minutes. There is also one self-resolving Tempo station along the track. Five map tasks and also zero possible.

Allowed routes, see PreO instructions from next paragraph.

PreO, Finnish national championship and WRE event:

On Saturday 8.8.2020 starting 13.00. Distance from competition center to start 650 meters. Paralympic competitors are allowed to travel to start by car. Competitors can leave their own backpack at the starting point, through which they return to the competition center after the course.

At start, an official invites the competitors to pre-start in the starting order. The starting order is given in the start list. From pre-start competitors are guided to timed controls. Before start there are two timed controls which both have three tasks and six flags A-F, no Zero answers possible.

After the second timed control competitors move to the start, where an official marks starting time to the control card. At start time competitor takes the competition map and goes to route.

Competitors are allowed to move only on marked light-brown trails and areas. Trails and areas marked with violet line to map are forbidden to cross. In most important parts forbidden areas are marked also in terrain.

The decision points are marked with about half meter high poles which have control numbers on blue background. Some poles also have so called sectorband, which shows control flags to be noted on current control.

There are 34 controls on route, distance 1,4 kilometers, total time 144 minutes, para-class 152 minutes. In the end of route there is a steep downhill and about 25 meters long "one-way" where competitors are allowed to move to one direction only. Stopping is allowed, but returning uphill is forbidden. Before entering the one-way, the competitor has to punch all controls that have their decision points before one-way. There are officials monitoring.

From finish to competition center 800 meters. After finish a steep downhill. In this part official makes sure that it is safe to move on.

There are two control cards used in the competition. First competition card is collected in the middle of competition. Second control card is handed to officials at finish.

In the middle of the course there is a so called tent-toilet. Using the toilet is not compensated in competition time.

The time limit for complaints is 15 minutes after the final results are published in competition center. Results are confirmed if there are no protests during this time. If there are complaints or protests, they will be processed by the rules.

Competitors are not allowed to go to competition terrain, not even after the results are confirmed!

TempO qualification = WRE event

On sunday 9.8.2020 TempO qualification competition starting 10.00. Distance to start from competition center 650 meters. Paralympic competitors are allowed to travel to the start by car.

There are six stations, five tasks per station. Each station has six flags A-F, zero answers are possible. Course length 1,8 kilometers, distance from finish to competition center 650 meters.

The 15 best finnish competitors and all foreign competitors before them in results will enter to the TempO final.

The WRE points are calculated from the results of qualification only.

The time limit for complaints is 15 minutes after the final results are published in competition center. Results are confirmed if there are no protests during this time. If there are complaints or protests, they will be processed by the rules.

TempO finals

On sunday 9.8.2020 TempO finals starting 14.00. Distance to start from competition center 1,1 kilometers.

There are four stations, five tasks per station. Each station has six flags A-F, zero answers are possible. Course length 250 meters, distance from finish to competition center 1 kilometer. Last station is so called spectator station. Spectators are guided to the station before the first start. Competitors are sent to route in reversed order based on results of elimination. The Finnish championships results are combined results of qualification and final.

The time limit for complaints is 15 minutes after the final results are published in competition center. Results are confirmed if there are no protests during this time. If there are complaints or protests, they will be processed by the rules.

General information about timed controls and Tempo stations

On each station, competitors will wait in the waiting zone. An official invites competitor to station by shouting "next". When competitor arrives to station, competitor hands out his control card to the official and takes disinfectant to hands. When competitor sits down, official offers two piles of maps and asks "loose or bound maps". If competitor wants to answer pointing out the right answer instead on speech, it should be told to the official right away. When competitor receives maps, the official points to viewing direction and points out flags from left to right: Alpha, Bravo, Charlie, Delta, Echo, Foxtrot. The official waits about one second, and if the competitor does not tell that he does not see all the flags, the official continues: "time starts now". The clocks are started and competitor is allowed to turn the cover sheet of maps. The tasks are to be solved in order and only the map currently being solved is allowed to be exposed. Competitor tells his answers in loud voice using international alphabets or pointing the right answer from the bottom edge of the map. In Tempo, a zero-answer is also possible, then the answer is "ZERO". Competitor is not allowed to browse maps backwards. Browsing maps forward is allowed only after competitor has given an answer to the current map.

When the last task is solved (PreO 3 tasks, Tempo 5 tasks), officials stop their watches. Solving time and the answers are marked to control card and to the protocol. Official also repeats answers that competitor has given.

After solved the last task, competitor hands maps back to the official, competitor takes disinfectant to hands, receives control card and moves on.

Prizes:

In Finnish national championships, medals to three best competitors and plaques to places 4-6. Also a small prize for three best.

In WRE events prizes for places 1-3.

Services:

The nearest restaurants are located at K-Citymarket at the Sastamala junction along Highway 12.

Cafe Kodin Sydän: Delicious soup lunch, a variety of salads and baked potato dishes. Not open on Sunday. <https://www.facebook.com/Kahvila-KodinSyd%C3%A4n-154815365225362/>

Pizzeria Kotipizza: Pizzah <https://www.facebook.com/KotipizzaSastamala/>

In the center of Sastamala you can find e.g. Chinese restaurant, kebab and pizza places.

Gourmets should head to Tyrvään Pappila <https://www.facebook.com/tyrvaanpappila/>